

Terms of Reference

Mental health assistance to the victims of Batken conflict

FHI 360 in the Kyrgyz Republic invites applications for the development and implementation of training and mental health assistance that will be delivered through the Jigerduu Jarandar Project ('JJ Project') in cooperation with the Ministry of Health and Social Development. The required assistance will primarily benefit individuals and families affected by the recent Batken border violence and destruction of property.

Jigerduu Jarandar is a five-year project funded by the USAID and implemented by FHI 360. Through its wide range of national partners, the JJ project strengthens civic engagement that is community-led and supported by civil society networks, leadership, and organizations at all levels. The priority needs addressed through this engagement include improving access to civil documentation and, more broadly, strengthening access to legal aid that can ensure equal treatment and protection of rights under the law. More information about the project is available on the [website](#) of the USAID mission in the Kyrgyz Republic.

Background

Violence and destruction of property since April 2021 in Batken and Leilek districts have resulted in 36 deaths, injury of more than 180 people, and destruction of at least 136 homes. Approximately sixty-thousand people were displaced from their homes. The Ministry of Health and Social Development ('the Ministry') and the Republican Center for Mental Health are providing ongoing care to survivors. It is estimate that 1 in 5 suffers some level of post-traumatic stress. The demands for psychosocial support are stretching current capacity. In-service training of healthcare professionals and the development of a related guideline are among the needs identified by the Ministry.

Beneficiaries: individuals and families affected violence and destruction of property related to border conflict incidents beginning in April 2021.

Eligibility criteria:

The successful society organizations will be able to demonstrate:

- Expertise and experience in providing training mentoring in Kyrgyz on psychosocial support for victims of trauma, especially in relation to the needs of vulnerable groups including women and girls;
- The organizational capacity to design and implement donor-funded programming, including analytical reporting at a high level;
- In-depth knowledge of the socioeconomic, cultural and political context of the affected region;
- The ability to work collaboratively with government and civil society institutions and organizations.

Deliverables

Four kinds of assistance activities are required: (i) training for medical professionals in the Batken area to receive and refer individuals in need of different kinds of psychosocial care; (ii) training for local authorities on stress-management in the context of a humanitarian crisis; (iii) training on psychosocial 'first aid' for members of Local Committees for the Prevention of Domestic Violence (LCPDVs) of Leilek district, as well as local social workers and specialists; and (iv) the development of a guidelines for relevant care providers on psychosocial and legal support during humanitarian crises together with activities to strengthen cooperation between relevant actors in the application of the guidelines. The deliverables are set out below in more detail.

Duration: August 2021 – January 2022.

1. Training for medical professionals	
Task	Description of deliverables
<p>Training seminar (up to 5 days) for local medical professionals in Batken and Leilek districts.</p>	<p>At least 65 medical professionals are better able to recognize psychosocial care needs, take steps to address immediate needs, and refer individuals for appropriate follow-up.</p> <p>This will be delivered through the stages of initial concept, development of program and materials, implementation, and evaluation. It is recommended to use MhGAP Intervention Guide for Mental Health, neurological and substance use disorders in non-specialized health settings (Version 2.0) of the WHO while developing the training program and materials. To address issues of GBV, it is suggested to incorporate Gender-based Violence Information Management System tools developed by UNFPA, IRC, and the UNHCR.</p>
<p>Mentoring support and accompaniment of field visits by multidisciplinary teams under the Ministry.</p>	<p>Introductory meetings and consultations held with local healthcare services, local self-government authorities, LCPDVs, etc. aimed at strengthening mutual cooperation and partnership during provided assistance.</p> <p>Work plan and schedule of the field trips developed based on the information provided by local healthcare services.</p> <p>At least 4 visits of the multidisciplinary teams consisting of psychiatrists/psychologists fluent in Kyrgyz language for 5 working days (4 nights) within 7-10 days of each other to Kok-Tash, Karabak, Kyzyl Bel,</p>

	<p>Kulundu, Razzakov and Jashtyk villages supported by covering transportation, accommodation and food/per diems expenses. Additional visits conducted, if needed.</p> <p>Dynamics and status of visited victims monitored.</p> <p>Follow-up online and offline consultations and treatment of survivors provided.</p>
2. Training for local public officials	
Two half-day seminars on stress-management in emergencies..	<p>At least 20 representatives of local authorities (social protection authorities, aiyl okmotu) involved in providing support involved in providing assistance to the population during Batken conflict provided with basic knowledge on how to manage stress, prevent and overcome burnout while emergency situations.</p> <p>Training concept, agenda, presentation, and handouts developed, and the list of participants provided.</p>
3. Training for civil society care providers	
Training to the Local Committee for the Prevention of Domestic Violence (at least one day)	<p>Members of the LCPDV in Kulundu aiyl okmotu for Leilek district, social workers and specialists for Batken and Leilek districts (at least 20) trained to safely support and work with victims of the conflict, including survivors of GBV/DV by using a “do no harm” principle for further referral of the victims.</p> <p>Training concept, agenda, presentation and handouts developed, and the list of participants provided. GBV Case Management guidelines for humanitarian settings could be applied in order to link back to the provider training.</p>
4. Development of guideline for psychosocial support in emergencies	

<p>Ministry guideline for psychosocial support in emergencies developed (social and legal support sections).</p>	<p>Assistance provided in creating a working group on the development of a guide established consisting of representatives of the Ministry of Health and Social Development, the Ministry of Emergency Situations, Center for Coordination of the State Guaranteed Legal Aid, mental health-care services, social protection authorities, local self-governments, LCPDVs, civil society actors and others.</p> <p>Participation in a series of work meetings and consultations held with the working group and other stakeholders aimed at drafting and elaborating a unified guide.</p> <p>Expert support in developing social and legal support sections of a methodological guide on psychosocial, mental health care and legal support during emergency settings to be endorsed by the MHSD and agreed with relevant public authorities.</p>
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